

Monitor Arm

00118489 Monitor Holder, Height-adjustable, Swivel / Tilt, 33 - 81 cm (13" - 32")



Highlighttext:

- More ergonomics, comfort and space at the desk: with the fully mobile monitor stand, the position of your monitor workstation aligns with you, not the other way around, for an ergonomic posture with less neck and back pain
- For an ergonomic workstation: This monitor holder adapts to your personal requirements and posture. Whether you need stepless height adjustability, swivel and tilt functions or portrait or landscape formats, this is how ergonomics works in the office and home office
- Ideal for the most common screen sizes, perfect for adding ergonomics to office equipment: The monitor arm can be used for all screen sizes with a diagonal of 33 - 81 cm (13 - 32") and up to a weight of 10 kg
- For tidy workstations: Cable management guides the monitor cable tidily behind the screen, avoiding cable spaghetti and saving space. The cable guide also protects the cable against breakage thanks to strain relief
- Fast and straightforward desktop installation: The monitor holder is attached to the desk in an instant with the clamping screw. VESA makes installing the screen easier - first put the VESA plate on the monitor, then hook it in the screen holder, and you're done
- Work, game and surf while protecting your back: inexpensively retrofit the desk to make it ergonomic - and perfect for hours-long gaming sessions
- For the installation of a TFT/LCD/LED monitor with a screen diagonal of 33 to 81 cm (13" to 32")
- Compatible for screens with the following VESA standards: 75 x 75, 100 x 100
- Stepless height adjustment up to a height of 40 cm
- Up to +/- 45° continuous tilt
- Swivel range up to 180°
- Easy-Fix system for simple and infinite orientation of the screen
- For clamping to desktops up to 8.5 cm thick
- Supplied foam for the clamping bracket protects your desk from scratches and traces of use

Technical characteristics:

- Colour: Black
- Product Division: PC & Notebook
- Shade of colour: Black
- Ergonomics: Height adjustable
- Maximum Load: 10 kg
- Model: LCD Monitor Arm, Monitor Arm, TFT Monitorarm
- Monitor mounting standard: VESA incl. Adapter Plate
- Swivel Range: 180 °
- Tilt +/-: 45 / 45 °
- Max. Monitor Size: 81 cm
- VESA Standard: 100 x 100, 75 x 75
- Width x Depth x Height: 11.4 x 14.46 x 40.6 cm
- For a Table Top Thickness of: 8.5 cm
- Recommended Maximum Screen Size: 81 cm (32")
- Recommended Minimum Screen Size: 33 cm (13")
- Recommended Screen Size: 33 - 81 cm (13-32")

Delivery:

- 1 monitor holder
- Mounting hardware
- 1 foam pad
- 1 installation instructions

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